



Too many rookies  
hang 'em up too early.

Last year, nearly 160,000 Alberta workers were hurt at work. Many of them were rookies who never saw it coming. **Heads up. Stay in the game.**

**HEADS UP**  
work smart. work safe.

Workers' Compensation Board-Alberta • Alberta Construction Safety Association • Alberta Human Resources and Employment  
Manufacturers' Health and Safety Association • Alberta Hotel Safety Association